

# TRIPILATES CLASS SCHEDULE

640 Busse Highway, Park Ridge, IL 60068 (847) 698-6338 | [info@tripilates.com](mailto:info@tripilates.com) | [www.tripilates.com](http://www.tripilates.com)

## SUMMER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00a Reformer	*		8:30a VIRTUAL Mat w/Props	*		8:00a Reformer
	9:30a MAT *Virtual option available	*	9:30a TOWER	9:30a Reformer	9:30a Low Chair/Mat (every other week)	9:15a Reformer PLUS
	*	*	*	*	*	10:30a YOGA (75 Min)
	*	*	*	*		
	*	*	*			
	*	7:00p LOW CHAIR *	*	7:30p MAT		PLEASE CHECK ONLINE FOR MOST UP-TO-DATE SCHEDULING

- ALL OPEN TIMES ARE AVAILABLE FOR PRIVATE, SEMI-PRIVATE, & TRIO LESSONS,

- **ONLINE SCHEDULING, email @ [info@tripilates.com](mailto:info@tripilates.com), or call the studio @ (847) 698-6338 \***